## **INCLUDED**

All Mothers who start the programme will receive:



A targeted programme of work covering specific areas of concern.



The opportunity to tailor the programme with content matched to their learning style and abilities.



Weekly one to one treatment sessions with a personal treatment specialist.



A free android tablet that is theirs to keep.



A full final assessment report completed by an expert risk assessor.



Lifetime access to our 24/7 learning portal with tailored content for victims of abuse.

# **ABOUT US**

DV-ACT are a team of domestic abuse specialists, available throughout the UK, providing assessments, programmes, consultancy and training to local authorities and the family courts.

DV-ACT was formed with the aim of using our expertise to help safeguard children from abuse, this is at the heart of everything that we do.

# Information

Find out more at dvactprogrammes.org

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# Bespoke Domestic Abuse Programme for Mothers



DV-ACT Programmes
Children at the heart of domestic abuse practice

Most community domestic abuse programmes offer excellent education, support and advocacy to victims of violence and abuse. However, the needs of mothers in care proceedings are often complex, with enduring problems around adult attachments, the normalisation of abuse, and the impact of their experiences on decision-making in relation to risk and the safety of (themselves and their children.

In these cases, more intensive, challenging and focused work is needed in order to support lasting change.

# The DV-ACT Programme

The DV-ACT programme is designed to work with mothers where the family court or local authority has concerns regarding ongoing vulnerability to domestic abuse.

The programme is particularly suitable for women who; have an enduring emotional attachment to their abuser; the abuse has impacted their ability to make safe decisions or have a history of difficulties in permanently escaping the relationship.

The work is demanding and matched to the needs of the woman and the child protection plan.

An abusive partner who is intermittently loving and attending can cause confusion in their partner, increasing the value of a relationship that the victim fears to lose, and favoring illusions that there will be a change in their partners behavior. The DV-ACT programme is designed to break that cycle and promote lasting change.

# Benefits

### **FOCUSED ON CHILD PROTECTION**

The programme has the safety of children at the centre with Mothers encouraged to understand that while the abuser is the primary source of risk but their own decisions and actions have contributed to the children's risk in both positive and negative ways.

### **ACCESSIBLE**

A blended learning format is followed with online working, combined with one to one sessions with a treatment specialist. Tablets are provided with lifelong access to our learning portal.

### **BESPOKE**

Sessions are individually tailored to the needs of each family. The mother actively participates in creating and timetabling her own programme of work this means that each programme is unique and helps to encourage collaboration with the work.

### SUITABLE FOR COURT

The programme is designed for families in child protection measures with the work recorded accurately and assessed on completion to help inform the decisions of the court/local authority.